

MedGem Analyzer Report

Patient: **S, Mary**

Birth Date: **10/21/1973**

Gender: **Female**

Height: **5 ft 4 in**

Weight: **165 lb**

RMR: **1630 Calories per day**

Notes:

Date: **10/21/2008**

Time: **3:46 PM**

Professional Name: **Your Clinical Name**

Facility: **ML Medical Home Solutions**

Goal Weight: **155 lb**

Calorie Budget: **1548 Calories per day**

RMR is calculated using the Weir equation and a constant RQ value of 0.85(RMR=6.931xV02), Weir, J.B., New Methods for Calculating Metabolic Rate with Special Reference to Protein Metabolism. J Physiol, 1949. 109:pages 1-9.

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