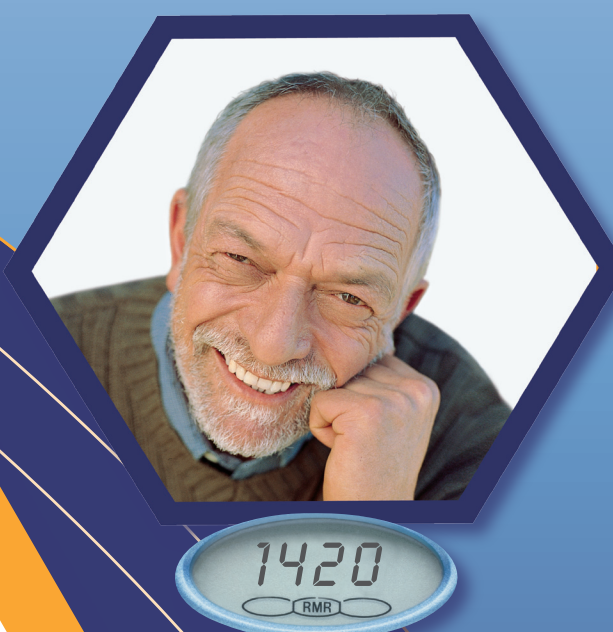




What's Your Resting Metabolic Rate ?



- Knowing your metabolism, the number of calories your body burns each day, is the key to achieving your weight management or fitness goal.
- In just minutes, you can easily and accurately find out your unique Resting Metabolic Rate.
- Ask a staff member today for a metabolism measurement.



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