

Solutions for the Advancement of Obesity Assessment & Treatment

A comprehensive obesity assessment and physician-directed solution that provides individualized treatment based on scientifically validated resting metabolic rate (RMR).

- Developed from evidenced-based obesity research
- Physician-directed, patient self-management
- MedGem® Indirect Calorimeter
- Average reimbursement \$75-\$80*, AMA CPT 94690

*MiMHS can not guarantee reimbursement

The MedGem® indirect calorimeter, a FDA 510K-cleared Class II medical device, is a state-of-the-art, handheld device that accurately measures oxygen consumption (VO₂) to determine resting metabolic rate (RMR)*.

The MedGem Analyzer software allows you to create an individualized plan based on the patient's RMR, occupation, sleep, lifestyle, physical activity and weight goals.



Basic Obesity Treatment

- Meets the time demands of busy physician practices
- Identifies overweight or obese patients with co-morbidities
- Provides patient resources for self-management

Intermediate Obesity Treatment

- Basic program plus (1) individual office visit or (1) group visit for energy-balance counseling
- Patient self assessment questionnaire, professional scoring guide, and provider follow-up checklist

Advanced Obesity Treatment

Contains:

- A comprehensive 13 session program developed in collaboration with leading obesity experts
- Evidence based patient educational materials
- Program leader guide

* RMR is calculated using the Weir equation . Weir, J.B., New Methods for Calculating Metabolic Rate with Special Reference to Protein Metabolism. J. Physiol, 1949. 109:pages 1-9.



The WatchWT Program brings successful weight loss & cost-effective strategies to physician offices.



Enthusiastically accepted by patients



Easily integrated into physician practice



Contact Microlife Medical Home Solutions for more information on clinical studies using WatchWT solutions. Call **1-800-968-1378** or email **info@MiMHS.com** or visit us at **www.MiMHS.com**

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